

# 2023 Penn State Berks Men's Cross Country

## Schedule

9/09 Dutchmen Invitational (Lebanon Valley)  
 9/16 United East Preview (Cairn)  
 9/23 Penn State Harrisburg Invitational  
 9/30 Penn State Abington Invitational

## Place (Distance)

11th/19 teams (8K)  
 5th/11 teams (8K)  
 3rd/5 teams (5K)  
 7th/17 teams (8K)

## Schedule

10/14 Aubrey Shenk Invitational (Gettysburg)  
 10/20 Lebanon Valley Last Chance Invitational  
 10/28 United East Championship (Cairn)  
 11/11 NCAA Mideast Regional (Lock Haven)

## Place (Distance)

19th/28 teams (8K)  
 9th/15 teams (8K)  
 4th/12 teams (8K)  
 27th/31 teams (8K)

RUNNER	DI 9/09	UEP 9/16	PSHI 9/23	PSAI 9/30	ASI 10/14	LVC 10/20	UEC 10/28	NCAA 11/11
Eli Abiy	-	-	-	39:22.3 79th	34:30.0 245th	33:27.82 109th	34:34.2 45th	31:34.6 194th
Tyler Bannon	36:42.6 147th	35:37.0 44th	-	-	34:59.4 251st	37:41.21 129th	39:29.2 62nd	33:45.7 204th
Ben Carman	32:58.8 120th	33:44.7 29th	18:07.8 8th	43:16.3 100th	30:44.9 207th	30:01.69 65th	32:54.2 28th	29:01.9 162nd
Jake Dougherty	32:41.1 115th	-	-	-	-	-	-	-
Shane Garver	-	46:52.4 77th	23:53.7 25th	-	35:22.1 256th	34:45.41 117th	36:25.8 54th	33:20.0 203rd
Avi Hochhauser	28:50.5 58th	29:00.4 3rd	16:26.1 2nd	28:53.0 3rd	26:39.9 52nd	27:25.26 15th	28:56.3 5th	27:15.3 111th
Amir Nutter-Smith			23:37.5 24th	41:19.7 90th	28:36.8 141st	-	40:27.0 70th	36:43.0 210th
Patrick O'Donnell	29:31.7 68th	28:50.8 2nd	16:18.1 1st	28:59.5 4th	26:57.4 63rd	27:26.72 16th	28:46.3 4th	26:50.0 93rd
<b>Team Finish (# of runners)</b>	<b>11th 176 Runners</b>	<b>5th 83 Runners</b>	<b>3rd 29 Runners</b>	<b>7th 115 Runners</b>	<b>19th 264 Runners</b>	<b>9th 142 Runners</b>	<b>4th 91 Runners</b>	<b>27th 211 Runners</b>